

### Prayers which you find useful

#### **For the grief you feel**

My heart is broken, I am exhausted. I cry out to you and hardly know what to ask. All I can do is tell you how I feel and ask you to hear my sorrows; collect all my tears and record each one as I pour them out. Amen.

#### **For comfort.**

Lord, I am mourning; send me your comfort. Wrap your arms around me and hold me tight. Send angels of mercy to me. Shower your comfort on me through those around me and keep far from me those whose words and actions are no comfort. Amen.

#### **For healing.**

O God, come to help me. Please take away the consuming anguish I feel; take it from me and hold me. Heal my broken heart and bind up my wounds. Amen.

#### **For peace.**

Lord, I need your peace which transcends all understanding to guard my heart and mind. I need peaceful sleep. I ask for peaceful thoughts and emotions to rule my days and nights. Amen.

#### **For hope.**

Lord, draw close to me and rescue me. Help me not to grieve like those who have no hope; lift me up and give me your hope. Help me to believe that tomorrow will be better, and the next day will be easier, and that a day will come when I will feel a surge of energy and expectation for what you are doing and where you will take me. Amen.

### The Garden of Remembrance

The Garden of Remembrance was opened in July 2015 with a Service of Dedication. The Garden is different in design from the original Memorial Garden and is a garden with flower borders into which the ashes of your loved one may be poured. This is in line with the decision made by the Anglican Church regarding new memorial gardens. When arranging for a Burial you may order a Memorial granite wedge measuring 6" by 4 " and Ormsbys of Scarisbrick have details of the design and cost. With respect, we do not allow vases, cut flowers or artificial arrangements to be placed in the flower borders, but we hope you will find that the Memorial Stone nestling among beautiful flowering shrubs, roses and spring bulbs, will be a fitting tribute at the resting place for your loved one.



## **St Thomas the Martyr Churchyard, Up Holland**



*A guide on how we  
together can maintain  
this special place where  
all our loved ones are  
remembered & honoured*

If you have any questions or queries regarding your loved one's grave, or anything to do with matters relating to the graveyard, please do not hesitate to contact the people below:

The Revd. Paul Lock	07813 019863
Mrs Sue Swailes	07976 269161
Mr Dennis Roughley:	07740 164447

*or email*

*paul.a.lock@outlook.com*



This ancient and beautiful Christian graveyard is a place where everyone should feel welcome, loved and cherished. It is also a place where those we love but see no longer can be remembered and honoured. It is a holy place where we hope that all those who visit feel close to God and to loved ones buried here.

We are all custodians of this special place where people from this community and area are buried, loved and cherished. So, we ask everyone to continue to work together to make it a place where all can visit and feel welcome.

Each year, we also hold a ***Service of Prayer and Reflection*** when the names of our loved ones are read in church.

There is also a ***Book of Remembrance*** in church, in which you can arrange to have the name of a loved one added. Please contact Sue or Dennis for further details about how this.

We hope the notes in this leaflet will help you to ensure that your family grave remains a very special place where you will feel close to God and your loved ones.

In order that the churchyard can be maintained to a high degree and continue to be a place of reverence and respect, the Church Council has agreed to ensure that the Diocese of Liverpool Graveyard Regulations are adhered to.

### Churchyard Maintenance

Contrary to popular belief, there is no financial support given for the upkeep and maintenance of a church graveyard. All costs are met by the local church community. To help with the maintenance of this graveyard, we have a team of contractors who cut grass in some areas. Other grass cutting and weekly gardening work is done by our team of volunteers. If



you would like to join the Garden Team, please contact either Sue or Dennis. You will be very welcome!

### A Summary of our Guidelines

1. Any memorial made from stone, brick, wood, plastic etc. can only be placed into the graveyard with the written permission of the parish priest. Please ensure you obtain this permission before you order/purchase any item.
2. Any wording or images for a gravestone or monument must have the written permission of the priest in charge before they are ordered or added.
3. The placing of real flowers and floral tributes should be in suitable vases which can be placed on or very close to the gravestone.

In line with diocesan regulations, we do not permit any of the following:

4. The creation of a 'garden' of any kind.
5. The placing of side stones or mock fencing around a grave.
6. The use of any marble or 'chip' stones.
7. The placing of ANY object on the grave, or near it, other than flowers, (this includes: windchimes, balloons, flags, ornaments, lights) without the written permission of the parish priest.

Full details of graveyard regulations in the Diocese of Liverpool can be found on the Diocesan website:

[www.liverpool.anglican.org](http://www.liverpool.anglican.org)

Any rule or regulation has been created to help ensure graveyards are safe and suitable for everyone. We all have different ways of expressing our love for those who have died. The regulations we use are to ensure that this graveyard remains true to its heritage whilst providing an appropriate place for prayer, remembering, thanksgiving and hope.

Please feel free to contact clergy or churchwardens to discuss any thing you are unclear about or wish to question.

### Thank you

In advance for your understanding and support in helping us to ensure this graveyard is a lovely, peaceful place filled with love and hope for everyone.